

INTRODUCTION TO LYMPHOEDEMA 4 DAY PROGRAMME



Venue:

Physiotherapy Department, St. Patrick's University/Marymount University Hospice,
Curraheen Road, Curraheen, Cork.

Dates:

Friday, 20th, Saturday, 21st, Sunday, 22nd and Monday, 23th January 2011

Time:

Day 1&2 – 9.30 – 4.45pm & Day 3&4 – 9.30 – 4.30pm

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Facilitator: Lynne Whiteside BSc(Hons), MCSP, SRP. Teacher of the Casley Smith Method of manual lymphatic drainage.

Course Aim: To provide an introduction to the clinical knowledge and skills required to manage the 'at risk' patient; and the treatment of mild and palliative lymphoedema. This Programme is aimed at Registered Nurses, Occupational Therapists and Physiotherapists working in the areas of Oncology, Palliative Care, Gynaecology and Surgery.

Topics: This programme covers theoretical and practical aspects and includes the anatomy and physiology of lymphoedema, assessment, measurement, classification of patients at risk, exercise, simple lymphatic drainage, compression garments, palliative care bandaging and psycho-social issues.

Fee: €400 for full 4 day programme or €200 for Part 1 only

Places limited – some additional places available for those wishing to attend Part 1 only (see timetable)

Enquiries: Michelle Goggin, Secretary in the Education Centre, St. Patrick's University (Cork) Ltd. Tel No: 021-4501201 Ext: 267 Email: mgoggin@spmm.ie

